

Emotional Regulation

In Children 0-6 Years

Relationship
based
approach and
strategies to
manage
intense
emotions

Understanding
the connection
between
development
and emotional
regulation

Discussion on
how caregivers
can support
their young
children with
emotional
regulation

Date: Monday, May 27th, 2019

Time: 9:30 a.m. to 11:30 a.m.

Location: Kingston Group Room 1

Assistance for childcare and transportation can be provided

**Please contact Lori Crawford at
613-546-8535 x 5421 to RSVP**