

June 2023

PARENT/CAREGIVER

WORKSHOPS



AUTISM AND MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH

June 5 - Family Problem Solving

MENTAL HEALTH SERVICES

Monday, June 5, 6:00PM – 7:30PM EST
ONLINE – FREE

June 6 - June 15 - Super Siblings

AUTISM SERVICES

Tuesdays & Thursdays, June 6 - June 15, 5:00PM - 6:00PM EST
FREE @ 31 Hyperion Court, Kingston

June 7 - ASD & Puberty

AUTISM SERVICES

Wednesday, June 7, 10:00AM – 12:00PM EST
ONLINE – FREE with OAP #

June 8 - Teaching Your Child Improved Communication

AUTISM SERVICES

Thursday, June 8, 10:00AM – 11:00AM EST
ONLINE – FREE with OAP #

June 14 - Play to Grow

AUTISM SERVICES

Wednesday, June 14 6:00PM – 7:00PM EST
ONLINE – FREE with OAP #

June 14 - Emotional Regulation for Parenting Young Children

MENTAL HEALTH SERVICES

Wednesday, June 14, 7:30PM – 9:00PM EST
ONLINE – FREE

June 15 - Emotional Regulation for Parenting Adolescents

MENTAL HEALTH SERVICES

Thursday, June 15, 5:30PM – 7:30PM EST
ONLINE – FREE

June 19 - Why Use Visual Supports

AUTISM SERVICES

Monday, June 19, 10:00AM – 11:00AM EST
ONLINE – FREE with OAP #

June 21 - Coping with Challenging Behaviour

AUTISM SERVICES

Wednesday, June 21, 1:00PM – 2:00PM EST
ONLINE – FREE with OAP #

June 28 - Kick Back, Share and Chat: Autism Service Parent Group

AUTISM SERVICES

Wednesday, June 28, 6:30PM – 7:30PM PM EST
FREE @ 31 Hyperion Court, Kingston

June 29 - Reacting Versus Responding

MENTAL HEALTH SERVICES

Thursday, June 29, 6:00PM – 7:30PM EST
ONLINE – FREE



Check out our online calendar
for more information

MaltbyCentre.ca

613.546.8535 or 1.844.855.8340