

April 2024

FREE PARENT/CAREGIVER WORKSHOPS



AUTISM AND MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH

April 4 - Play to Grow

AUTISM SERVICES

Thursday, April 4, 10:00AM - 11:00AM EST,
ONLINE - FREE with OAP #

April 10 - Growing Together in the Early Years: Making Connections

AUTISM SERVICES

Wednesday, April 10, 9:30AM - 12:00PM EST
ONLINE - FREE with OAP #

April 11 - Introduction to Neurodiversity

AUTISM SERVICES

Thursday, April 11, 6:00PM - 7:00PM EST
ONLINE - FREE with OAP #

April 17 - Emotional Regulation for Parenting Young Children (0-6)

MENTAL HEALTH SERVICES

Wednesday, April 17, 7:30PM - 9:00PM EST
ONLINE - FREE

April 18 & April 25 - Parenting Your Anxious Child (7+)

MENTAL HEALTH SERVICES

Thursdays April 18 & April 25, 10:00AM - 1:00PM EST
FREE @ 31 Hyperion Court

April 18 - May 9 - Intro to ABA

AUTISM SERVICES

Thursdays, April 18 - May 9, 10:00AM - 12:00PM EST
ONLINE - FREE with OAP #

April 25 - Kick Back, Share & Chat

AUTISM SERVICES

Thursday, April 25, 5:30PM - 6:30PM EST
FREE with OAP # @ 31 Hyperion Court

April 26 - Introduction to Neurodiversity

AUTISM SERVICES

Friday, April 26, 12:00PM - 1:00PM EST
ONLINE - FREE with OAP #

April 29 - Make and Take Workshop

AUTISM SERVICES

Monday, April 29, 10:00AM - 12:00PM EST
FREE with OAP # @ 31 Hyperion Court

April 30 - Virtual Teen Hangout

AUTISM SERVICES

Tuesday, April 30, 4:30PM - 5:30PM EST
ONLINE - FREE with OAP #



Check out our online calendar
for more information

MaltbyCentre.ca

613.546.8535 or 1.844.855.8340

