May 2024

FREE PARENT/CAREGIVER

WORKSHOPS



AUTISM AND MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH

May 1 - Playful Beginnings Playgroup AUTISM SERVICES

Wednesday, May 1, 9:30AM - 11:30AM EST FREE with OAP # @ Robert Meek Centre - 559 Bagot St. 2nd Floor

May 1 - June 19 - COPE MENTAL HEALTH SERVICES

Wednesdays, May 1 - June 19, 10:00AM - 12:00PM EST, ONLINE - FREE

May 2 - Why Use Visual Supports AUTISM SERVICES

Thursday, May 2, 6:00PM - 7:00PM EST ONLINE – FREE with OAP #

May 8 - Transition Through the Day AUTISM SERVICES

Wednesday, May 8, 6:00PM - 8:00PM EST ONLINE – FREE with OAP #

May 10 - Introduction to Neurodiversity AUTISM SERVICES

Friday, May 10, 12:00PM - 1:00PM EST ONLINE – FREE with OAP #

May 10 - June 7 - Nurturing Touch MENTAL HEALTH SERVICES

Fridays, May 10 - June 7, 1:00PM - 2:30PM EST FREE @ 31 Hyperion Court

May 13 - What is ABA? AUTISM SERVICES

Monday, May 13, 12:00PM - 1:00PM EST ONLINE – FREE with OAP #

May 15 - Playful Beginnings Playgroup AUTISM SERVICES

Wednesday, May 15, 9:30AM - 11:30AM EST FREE with OAP # @ Robert Meek Centre - 559 Bagot St. 2nd Floor

May 15 – Emotional Regulation for Parenting Young Children (0-6)

MENTAL HEALTH SERVICES

Wednesday, May 15, 12:00PM - 1:30PM EST FREE - HYBRID ONLINE or In Person @ 31 Hyperion Court

May 16 - Reading Between the Lines - What Is Not Being Said AUTISM SERVICES

Thursdays, May 16, 10:00AM - 12:00PM EST ONLINE – FREE with OAP #

May 16 – Top Tips for Improving Behaviours MENTAL HEALTH SERVICES

Thursday, May 16, 5:30PM - 7:30PM EST FREE @ 31 Hyperion Court

May 22 - Kick Back, Share & Chat AUTISM SERVICES

Wednesday, May 22, 5:30PM - 6:30PM EST ONLINE – FREE with OAP #

May 23 - Introduction to Neurodiversity AUTISM SERVICES

Thursday, May 23, 6:00PM - 7:00PM EST ONLINE – FREE with OAP #

May 23 - Emotional Regulation for Parenting Adolescents MENTAL HEALTH SERVICES

Thursday, May 23, 6:00PM - 8:00PM EST FREE @ 31 Hyperion Court

May 28 - June 18 - Parenting Your Anxious Young Child (0-6) MENTAL HEALTH SERVICES

Tuesdays, May 28 - June 18, 12:00PM – 1:00PM EST FREE - HYBRID ONLINE or In Person @ 31 Hyperion Court

May 28 - Virtual Teen Hangout AUTISM SERVICES

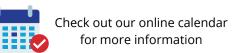
Tuesday, May 28, 4:30PM – 5:30PM EST ONLINE – FREE with OAP #

May 29 - Playful Beginnings Playgroup AUTISM SERVICES

Wednesday, May 29, 9:30AM - 11:30AM EST FREE with OAP # @ Robert Meek Centre - 559 Bagot St. 2nd Floor

May 29 – Teaching Your Child Toileting Skills AUTISM SERVICES

Wednesday, May 29, 12:00PM – 1:00PM EST ONLINE – FREE with OAP #







June 2024

FREE PARENT/CAREGIVER

WORKSHOPS



AUTISM AND MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH

June 4 - ASD and Puberty **AUTISM SERVICES**

Tuesday, June 4, 10:00AM - 12:00AM EST ONLINE - FREE with OAP #

June 5 - Transition to Kindergarten **MENTAL HEALTH SERVICES**

Wednesday, June 5, 12:00PM - 1:30PM EST, FREE - HYBRID ONLINE or In Person @ 31 Hyperion Court

June 5 - Transition to Kindergarten **MENTAL HEALTH SERVICES**

Wednesday, June 5, 7:30PM - 9:00PM EST, ONLINE - FREE

June 11 - Top Tips for Improving Behaviours **MENTAL HEALTH SERVICES**

Tuesday, June 11, 10:00AM - 12:00PM EST FREE @ 31 Hyperion Court

June 11 - Introduction to Neurodiversity **AUTISM SERVICES**

Tuesday, June 11, 6:00PM - 7:00PM EST ONLINE - FREE with OAP #

June 12 - Playful Beginnings Playgroup **AUTISM SERVICES**

Wednesday, June 12, 9:30AM - 11:30AM EST FREE with OAP # @ Robert Meek Centre - 559 Bagot St. 2nd Floor

June 12 - Autism Services at Maltby Centre **AUTISM SERVICES**

Wednesday, June 12, 12:00PM - 1:00PM EST ONLINE - FREE with OAP #

June 12 - Emotional Regulation for Parenting Young Children (0-6)

MENTAL HEALTH SERVICES

Wednesday, June 12, 7:30PM - 9:00PM EST ONLINE - FREE

June 18 - Introduction to Neurodiversity **AUTISM SERVICES**

Tuesday, June 18, 12:00PM - 1:00PM EST ONLINE - FREE with OAP #

June 19 - How to Improve My Child's/Youth's Social **Skills**

AUTISM SERVICES

Wednesday, June 19, 6:00PM - 7:00PM EST ONLINE - FREE with OAP #

June 20 - Kick Back, Share & Chat **AUTISM SERVICES**

Thursday, June 20, 5:30PM - 6:30PM EST FREE with OAP # @ 31 Hyperion Court

June 26 - Playful Beginnings Playgroup **AUTISM SERVICES**

Wednesday, June 26, 9:30AM - 11:30AM EST FREE with OAP # @ Robert Meek Centre - 559 Bagot St. 2nd Floor



Check out our online calendar MaltbyCentre.ca 613.546.8535 or 1.844.855.8340

