

July & August 2024

FREE PARENT/CAREGIVER

WORKSHOPS



AUTISM AND MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH

July 3 - ASD & Puberty

AUTISM SERVICES

Wednesday, July 3, 10:00AM - 12:00PM EST
ONLINE - FREE with OAP #

July 4 - Words to Know! F Words of Development

AUTISM SERVICES

Thursday, July 4, 10:00AM - 11:00AM EST
ONLINE - FREE with OAP #

July 9 - Growing Together in the Early Years - Making Connections

AUTISM SERVICES

Tuesday, July 9, 12:30PM - 3:00PM EST
ONLINE - FREE with OAP #

July 9, 16 & 23 - Parenting Your Anxious Child

MENTAL HEALTH SERVICES

Tuesdays, July 9, 16 & 23, 6:00PM - 8:00PM EST
FREE @ 31 Hyperion Court

July 10 - Introduction to Neurodiversity

AUTISM SERVICES

Wednesday, July 10, 12:00PM - 1:00PM EST
ONLINE - FREE with OAP #

July 10 - Top Tips for Improving Behaviours

MENTAL HEALTH SERVICES

Wednesday, July 10, 6:00PM - 8:00PM EST
ONLINE - FREE

July 11 - How to Improve My Child's Social Skills

AUTISM SERVICES

Thursday, July 11, 11:00AM - 12:00PM EST
ONLINE - FREE with OAP #

July 16 - Play to Grow

AUTISM SERVICES

Tuesday, July 16, 6:00PM - 7:00PM EST
ONLINE - FREE with OAP #

July 17 - Teaching Your Child Improved Communication

AUTISM SERVICES

Wednesday, July 17, 10:00AM - 12:00PM EST
ONLINE - FREE with OAP #

July 18 - Emotional Regulation for Parenting Adolescents

MENTAL HEALTH SERVICES

Thursday, July 18, 6:00PM - 8:00PM
FREE @ 31 Hyperion Court

July 24 - Kick Back, Share & Chat

AUTISM SERVICES

Wednesday, July 24, 5:30PM - 6:30PM EST
ONLINE - FREE with OAP #

August 1 - Transition Through the Day

AUTISM SERVICES

Thursday, August 1, 1:00PM - 3:00PM EST
ONLINE - FREE with OAP #

August 13 - Why Use Visual Supports

AUTISM SERVICES

Tuesday, August 13, 10:00AM - 11:00AM EST
ONLINE - FREE with OAP #

August 13 - Virtual Teen Hangout

AUTISM SERVICES

Tuesday, August 13, 11:00AM - 12:00PM EST
ONLINE - FREE with OAP #

August 14 - Introduction to Neurodiversity

AUTISM SERVICES

Wednesday, August 14, 12:00PM - 1:00PM EST
ONLINE - FREE with OAP #

August 14 - Top Tips for Improving Behaviours

MENTAL HEALTH SERVICES

Wednesday, August 14, 1:00PM - 3:00PM EST
FREE @ 31 Hyperion Court

August 28 - Kick Back, Share & Chat Parent Group

AUTISM SERVICES

Wednesday, July 24, 5:30PM - 6:30PM EST
ONLINE - FREE with OAP #



Check out our online calendar for more information

MaltbyCentre.ca

613.546.8535 or 1.844.855.8340